



Delivering a Healthy WA



Government of Western Australia
Department of Health

CAHS Library Newsletter March 2016

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From the [CAHS Library website](#), hover over the **Research** tab and then click **CAHS Staff Publications**

If you've published an article in 2016, let us know so we can add it to the website.

New Titles Available For Loan

- DSM-5 pocket guide for child & adolescent mental health / by RJ Hilt, AM Nussbaum 2016
- Nurse coaching : integrative approaches for health and wellbeing / B Montgomery Dossey, S Luck 2015

Online Books



Pediatric infectious disease: a practically painless review 2015



Rowan's Primer of EEG 2nd ed., 2016



The pediatric upper extremity 2015



Williams Textbook of Endocrinology 13th ed 2016

Access these titles and more via the library catalogue - <http://catalogue.health.wa.gov.au/search~S20>

Our Picks!



The three healthy piglets : a story cookbook / Duncan Smith 2006

A story about three piglets that discover the importance of eating healthy foods and exercising regularly. Contains easy recipes and ideas for physical activity.





Hands at play: a fine motor skills handbook for parents / by Suzanne Wilkinson 2012



Fine motor tasks can be challenging & frustrating. Some youngsters may not readily develop the competence & confidence in hand skills necessary for school readiness. This book makes fine motor activities fun & rewarding and will help children develop the hand dexterity & strength needed for independence & play.

Hospitalised injuries in Aboriginal and Torres Strait Islander children & young people: 2011–13 / AIHW 2016



This report provides information about hospitalised injuries among Aboriginal and Torres Strait Islander children and young people (0 to 24 years).

Available on the internet - <http://tinyurl.com/hk4lgp6>

Self-regulation / WA Council of Social Service, 2014



This DVD contains footage of two public seminars, one for parents and one for professionals, presented by Dr Stuart Shanker and Mike McKay, as well as interviews with the two presenters. Held in Perth in February 2014.

Sources of child health information: what parents use and trust / Australian Child Health Poll 2016



Reveals that three in five parents used websites, blogs and online forums to get child health information in the last six months – but a surprising 30 per cent did not trust them at all.

Available on the internet - <http://tinyurl.com/jhj9pz2>

New Cochrane Systematic Reviews

Diet, physical activity, and behavioural interventions for the treatment of overweight or obesity in preschool children up to the age of 6 years

Objectives: To assess the effects of diet, physical activity, and behavioural interventions for the treatment of overweight or obesity in preschool children up to the age of 6 years.

Available on the internet - <http://tinyurl.com/h8uw9pk>

The use of ultrasound guidance for perioperative neuraxial and peripheral nerve blocks in children

Objectives: To determine whether ultrasound guidance offers any clinical advantage when neuraxial and peripheral nerve blocks are performed in children in terms of increasing the success rate or decreasing the rate of complications.

Available on the internet - <http://tinyurl.com/jjfx6pp>

CAHS library website - <http://cahslibrary.health.wa.gov.au>

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